

**VERNON TENNIS ASSOCIATION (VTA)**

[www.vernontennis.com](http://www.vernontennis.com)

Email: [vtavernon@gmail.com](mailto:vtavernon@gmail.com)



**VTA "FUN" TENNIS TOURNAMENT**  
**11<sup>th</sup> ANNUAL MEMBERS' TEAM**  
**TOURNAMENT**

**SATURDAY, JUNE 22, 2019**

9:00 am. to noon.

MARSHALL FIELDS COURTS

**\$5.00/VTA MEMBER**

**Payable at the tournament**

**MORNING SNACKS AND LUNCH INCLUDED**

(Out of town guests (\$10/person) may be accommodated if space available, but VTA members have priority.)

**TO REGISTER FOR THE TOURNAMENT**

**REPLY TO: [vtavernon@gmail.com](mailto:vtavernon@gmail.com)**

**State your name and level of play. You do not need a tennis partner. \*Also let us know if you prefer a vegetarian alternative for lunch\*.**

**ALL LEVELS - MAXIMUM OF 32 PLAYERS**  
PARTICIPANTS WILL BE MATCHED WITH A  
DOUBLES PARTNER AS CLOSE TO THEIR  
PLAYING LEVEL AS POSSIBLE AND PUT ON A  
TEAM OF EIGHT PLAYERS.

The THEME is **COLOURS**

- Entries close: 6:00 pm. **Monday, June 17<sup>th</sup>**
- You will receive an email after June 18<sup>th</sup> with your TEAM, team **COLOURS**, team mates, and rules of play.
- Please try to dress appropriately for your team colour - **the more creative the better!** There are prizes for the most creative and fun outfit(s).
- All participants should be at Marshall Field by **8:45 am.** to sign-in and pay their **\$5 fee.**

- Coffee and cookies/muffins/Tim Bits or other snacks will be provided in the morning.
- Approximately 12:00 pm - a \*pulled pork lunch\* (salads and dessert) will be supplied for all participants and guests. **We do ask if you can bring a small salad or a dessert to share.** Not mandatory but very much appreciated.

**NOTE: IF THE TOURNAMENT HAS TO BE DELAYED OR CANCELLED, AN EMAIL WILL BE SENT TO YOU BY 8:00 AM ON SATURDAY MORNING.**

**If the weather looks questionable, please check your email before leaving for the courts.**

**PRESIDENT'S PASSING SHOTS**

Tennis is sure alive and well in Vernon. Many thanks to Jackie Labuhn, Frits Bakker, Wendy and Jeremy Bell, Donna Stevens and Cathy Evans for all they did organizing and getting the food together to make sure our "Meet and Greet" on May 4th was so successful. Forty-five plus players attended. A great time for all.

The Parks and Recreation morning tennis programs (which VTA volunteers coordinate) are running along very well. If you are interested in joining up for the mixed social tennis or the Women's or Men's leagues please contact Jackie or myself for more information. For the Men's League we have just one spot left for a regular player and we can always use some more spares.

One focus for our beginning adult players was to offer opportunities to learn more about the fundamentals. So far, we have three groups underway with a fourth group forming up. To say I am impressed with the progress the players are making is an understatement. It will be great to see these players playing regularly in the leagues and drop in programs. Exciting times! For our new players, I certainly encourage you to come to the VTA drop-in sessions (Monday, Wednesday, Friday evening and Saturday morning – see Calendar on the website!) where you can play with players at your level. The drop-in opportunities are for players at all levels.

This year we ran a junior development program after school. Some age groups have been well represented while for others we could have more players. This,

though, is just the start. For those involved I will be looking to see what will work best for them next year and certainly look to build on this program.

Our summer junior development program is continuing to build. This year we will be running four age divisions for children 5 to 15. There is still room in some of the age groups.

So far, we have had 29 children register for our junior development programs in spring and summer but I expect that number will be well above 30 by the time summer program starts.

We are looking for more players to come to our drop-in opportunities. It would be great to see the four courts used by players at all levels. If you do not come to the drop-in programs, it would sure be great if you could set some time aside to swing by.

Finally, if you haven't signed up yet for June 22, there is not much time left to do so. Come and join in the fun.

Graham Cooper, VTA President



***VTA members always have "winning ways" when they play in one of the many tournaments in the Okanagan Valley***

### **LAKEVIEW HEIGHTS OPEN TOURNAMENT – WEST KELOWNA – MAY 19-20, 2019**

The Vernon Tennis Association posted some excellent results at the recent Lakeview Heights Open Tennis Tournament - May 18-20 in West Kelowna. The competition was very stiff with some of the best players from all over B.C. All the players would like to thank the Lakeview Heights Club for putting on such a great tournament. The food was amazing!

Jeremy Bell (Vernon)- Winner in both "A" Singles and "A" Doubles.

Gary Edwards and Pat Stich (Vernon) - Won the "A" Knockout doubles.

Ben Johnson (Vernon) - Finalist in "B" singles.

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Other VTA members who participated were: Graham Cooper, Bronko Kreiner, and Grant Mayor. Kudos to all and thank you for supporting tennis in the Valley. A good tournament all around.

### **PREDATOR RIDGE MEN'S SINGLES/DOUBLES TOURNAMENT – May 31 – June 2, 2019**

Predator Ridge held their very first tennis tournament on the weekend of May 31-June 2, 2019. They were able to make use of both the outdoor and indoor courts. A lovely facility for Vernon and area. Thanks to Joachim Nierfeld for organizing a great tournament – the first of many.....

VTA Members were in abundance for this tournament. And the winners are:

-Ben Dugmore (Kelowna) – Winner –Men's "A" Singles  
-Jeremy Bell (Vernon) – Runner-up –Men's "A" Singles

-Ben Dugmore (Kelowna) & Joachim Nierfeld (Predator Ridge) - Winners – Men's "A" Doubles

-Jeremy Bell (Vernon) & Paul Morgan (Kal Club & Predator Ridge) – Runners-up - Men's "A" Doubles

-Joe McFadden & Michael Luangsiripanya (Vernon) – 3<sup>rd</sup> place – Men's "A" Doubles

-Neil Smith and Sheldon Gardiner (Mission Club) – Winners - Men's "B" Doubles.

-Bruce Morris and Rob Birell (Mission Club) - Runners-up - Men's "B" Doubles

-Antonio Braz (Lake Country)-Winner-Men's "B" Singles  
-Kirbey Lockhart - Runner-up - Men's "B" Singles

Other VTA Members playing in the tournament: David Claeys, Gary Edwards, Derek Lord, Blake MacLeod, Alex Ostrovsky, Jerry Reinhardt, Jason Shumay.



Jeremy Bell, Paul Morgan,  
Joachim Nierfeld and Ben Dugmore



Michael Luangsiripanya and Joe McFadden



Ben Dugmore & Jeremy Bell with Joachim Nierfeld

All the matches were amazing to watch. Next time, let's hope many more spectators come out to see our awesome players!

**HOW TO WIN A TIE-BREAKER AND AVOID HEARTBREAK!**

1. Strongest server on your team serves first.
2. More consistent player should be on the Ad court
3. The net person should poach or fake a poach on return of serve
4. Hit high % shots over center or middle of court
5. Always try to win the first point

6. Communicate with your partner between each point
7. Lob a point early in a tie-breaker. It is the best defense against aggressive players.
8. Form a 'wall' somewhere between the service line and the net to eliminate easy shots for your opponents.
9. Change-up a losing game when you are down no more than 3 points. Never change-up a winning game.
10. The team with the fewest errors wins.

**THINKING ABOUT GETTING THAT RACQUET RE-STRUNG OR TAKING A PRIVATE LESSON**

The conventional 'rule of thumb' is to restring as often per year as you play per week, but no less often than twice per year. It won't hurt your racquet to restring less often, but your strings might lose their responsiveness.

The following people are listed as tennis associated resources available in the area. The VTA does not endorse any tennis resource. It is up to individuals to request qualifications:

**Racquet stringing**

Jeremy Bell                      250-503-5489

**Tennis Instruction & Coaching**

|                                 |   |
|---------------------------------|---|
| Murray Bennetto<br>250-306-6476 | Pro./Coach/Instructor<br><a href="mailto:bennetto@shaw.ca">bennetto@shaw.ca</a><br>Cost: \$50/hr. Private Lessons |
|---------------------------------|---|

**VTA MEMBERSHIP & RATING INFORMATION**

**VTA Membership Lists** are only distributed to VTA Members for the purpose of arranging tennis games with other members. If you wish to have a 2019 Membership List, please contact the Communication Coordinator at: [vtavernon@gmail.com](mailto:vtavernon@gmail.com) . Please respect the privacy of all our members by not sharing the list with anyone other than VTA Members. Thank you.

**REMEMBER, if you change your phone number or email address let Jackie Labuhn, Communication Coordinator, know as soon as you can, so we can continue to keep in contact with you. Thank you.**  
[vtavernon@gmail.com](mailto:vtavernon@gmail.com)

**RATING INFORMATION:** All VTA members rate themselves. The Tennis Rating you entered on your registration form when you joined is what we use as your rating on our Membership List.

Our lists are only as current as the information we receive from you. Tennis Self-Rating charts can be found on our website: [www.vernontennis.com](http://www.vernontennis.com) or on the TennisBC website: [www.tennisbc.org](http://www.tennisbc.org)



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**Don't forget to sign up for the VTA Fun Colour Tournament -**  
**Saturday, June 22 - 9:00-noon**  
**\$5.00/player**  
Payable at the tournament

(see the information at beginning of this Newsletter and on-line at [www.vernontennis.com](http://www.vernontennis.com) )

**Deadline for sign-up – Monday June 17, 2019**



**SEE YOU THERE!**