

**VERNON TENNIS ASSOCIATION (VTA)**

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**PRESIDENT'S PASSING SHOTS**

Another great year ahead!!!

Firstly, thanks to those who attended our AGM. It was good to be able to share with you what has been happening over the past year and the plans for the year ahead.

**OUR BOARD:** A big thanks to our 2018 Board for their efforts. Seven members are returning. They are Wendy Bell, Ron Burton, Paul Boyko, Graham Cooper, Joe Fabi, Jackie Labuhn, and Mike Kozlowski. Our three new board members will be Frits Bakker, Jeremy Bell, and Carol Jenkins. While our actual office bearers will be selected by our board at its first meeting Jackie will continue with communications and Joe, Mike and Frits will be involved with facilities.

Marsha White has now moved to Tacoma, but a big thanks once again to Marsha for her tireless efforts and we certainly wish her the very best. Susan Gouchée has stepped down as our secretary. Susan, also thank you so much for everything you have done. Finally, Myron has stepped down from the board but will continue to coordinate our Saturday morning drop-in. Thanks, Myron for your contribution to our association.

**MORNING PROGRAMS:** Vernon Parks and Recreation - For those who might not be aware, our VTA members organize and run all season a mixed social, a women's competitive program and a men's league in the mornings through Vernon Recreation. This year the men's league has expanded but there is still room for 3 more players. If you are interested in signing up for any of the programs you can do so on the Vernon Recreation web site.

**TOURNAMENTS:** A great way to meet people from other clubs. Don't be afraid to enter. For those who are 55+ remember that this year the 55+ Games are in Kelowna. It would be great to have a good representation from our association.

**JUNIOR DEVELOPMENT:** Our junior development program has been very well received by those involved. It is planned to expand the tennis opportunities for our youth in our community. Please have any parents interested in having their children play tennis to check out our web site.

**SKILLS AND DRILLS:** This year our adult program will follow the Tennis Canada guidelines. For those beginning, we will use the FAST (Fun Adult Starter Tennis) program. For those who have been playing for a while we will be holding skills and drills by level. More information to follow.

**INDOOR FACILITIES:** What a difference a year makes. Last year, if you wanted to play indoors you had to drive to Kelowna or Kamloops. Now we have the bubble at Predator Ridge plus the Salmon Arm indoor facility opens in June.

**MORE COURTS NEEDED AT MARSHALL:** This has been a concern for many years. I will not go into the full details here but basically it would appear from the information in the Parks Plan more courts are needed in Vernon. Stay tuned.

Finally, thanks to Jackie Labuhn and Mikey Arce for everything they are doing in keeping our web site current. These days a web site for our association is essential.

I'm sure looking forward to another great season.

See you on the courts.

Graham Cooper, President

**WELCOME BACK VTA MEMBERS  
and FUTURE MEMBERS!**

**SATURDAY, MAY 4, 2019**

**9:00 am. to 12:00 noon – Marshall field courts**

Theme: "Hit a ball, buy a Boat"

(the Yacht Club has their Open House the same day!! The Shuttle bus stops at the Marshall Field parking lot – right next to the tennis courts!!!)

Let's start the season with a BANG! Come join other tennis players for some "fun" tennis and a BBQ hotdog lunch – bring your spouse, bring a friend, and join in the fun. No charge. If you would like to volunteer to bring a food item to share, we will not turn it away.

VTA Memberships will be available – cheque or cash.

## **VTA 2019 RESERVED COURTS TIMES AND WEEKLY PROGRAMS**

Please check the website regularly ([www.vermontennis.com](http://www.vermontennis.com)) for the Calendar and the Adult Programs.

**MONDAY** – 5:30 – 7:00 pm.

DROP-IN – All levels of play. Ball machine may be available for drills if requested.

**TUESDAY** – 7:00 – 8:30 pm.

COMPETITIVE TENNIS LEAGUE – 3.5 League. Registration required for 3.5+ League. Maximum players on court = 16. Spares are always needed. To register for the 3.5 league, contact: Mike Kozlowski at [powderday101@gmail.com](mailto:powderday101@gmail.com), 250-968-4778. League starts April 30<sup>th</sup>.

**WEDNESDAY** – 5:30 – 7:00 pm.

DROP-IN – All levels of play. Ball machine may be available for drills if requested.

**THURSDAY** – 7:00 – 8:30 pm.

COMPETITIVE TENNIS LEAGUE – 4.0+ League. Registration required for 4.0+ League. Maximum players on court = 16. Spares are always needed. To register for the 4.0+ league, contact: Blake MacLeod – [blakem@telus.net](mailto:blakem@telus.net) or Jeremy Bell, [Jeremybell\\_1@msn.com](mailto:Jeremybell_1@msn.com)

**FRIDAY** – 5:30 – 7:00 pm.

DROP-IN – All levels of play.

**SATURDAY** – 9:00 – 11:00 am. DROP-IN – All Levels of play.

**Court lights are available from 6:00 - 11:00 pm. in 1¼ hour intervals.** If you want to use the lights longer than an hour, re-start the lights before they turn off because they take approximately 15 minutes to cool down and light up again.

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## **JUNIOR TENNIS DEVELOPMENT PROGRAM FOR 2019**

### **JUNIOR TENNIS LESSONS**

Our instructional program closely follows Tennis Canada's recommendations. Besides teaching the players the skills they need the program also focuses on ensuring the players have the appropriate challenge and have fun.

**AGES 5 to 10** April 15, 29, May 6, 13, 27, June 10 - 3:30 to 4:30 pm - 6 lessons - \$45

**AGES 10 to 15** April 26, May 3, 17, 24, 31, June 14, 21 – 3:30 to 4:30 pm – 7 lessons - \$45

**\*You may register your child(ren) on-line\***

Go to [www.vermontennis.com](http://www.vermontennis.com), First carefully read ALL the information on the “Junior Tennis Program” page. Decide which session(s) you are going to choose. Then click on “Membership & Registration” and choose “Junior Program Registration”, complete

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the form and continue on through to “Proceed to PayPal” and pay with your credit card.

All tennis instruction and sessions take place at Marshall Field Tennis Courts, 6601 OK Landing Rd. Vernon

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## **2019 VTA MEMBERSHIP & RATING INFORMATION**

**We will be starting a brand-new tennis season Tuesday, April 22. 2019 VTA Memberships are available on-line. The fee remains the same for the 4<sup>th</sup> year. You must have a new Membership to participate in any VTA tennis programs, especially the Tuesday and Thursday evening leagues. Make sure you purchase yours before the first day of play.**

Membership lists will be available at the end of May once all members have registered. Membership Lists are only distributed to VTA Members for the purpose of arranging tennis games with other members. If you wish to have a 2019 Membership List, please contact the Communication Coordinator at: [vtavernon@gmail.com](mailto:vtavernon@gmail.com)

Please respect the privacy of all our members by not sharing the list with anyone other than VTA Members. Thank you.

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## **BALL MACHINE USE**

The VTA has an electronic ball machine which our VTA members can use free of charge. If you wish to use the ball machine, please go on-line to our new website and use “**Contact Us**” to send a note including the date and time you would like to use the machine. Most days are available with the exception of Parks & Recreation morning tennis program times and VTA reserved time. The Coordinator will get back to you and let you know if that time is available and arrange for a brief session of instruction on its use if you haven't used it before.



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## **THINKING ABOUT GETTING THAT RACQUET RE-STRUNG OR TAKING A LESSON**

The conventional ‘rule of thumb’ is to restring as often per year as you play per week, but no less often than



twice per year. It won't hurt your racquet to restring less-often, but your strings might lose their responsiveness

The following people are listed as tennis associated resources available in the area. The VTA does not endorse any tennis resource. It is up to individuals to request qualifications:

**Racquet stringing**

Jeremy Bell 250-503-5489

**Tennis Instruction & Coaching**

Murray Bennetto Pro./Coach/Instructor  
250-306-6476 [bennetto@shaw.ca](mailto:bennetto@shaw.ca)  
\$50/hr. Private Lesson

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**TOUCHTENNIS – a great winter tune-up for  
your summer tennis season**



Touchtennis at Priest Valley Gym, February 2019  
(L-R) Susan Armstrong, Johan Schjelderup,  
Ivan Prohier, Karin Schjelderup

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**SOME INTERESTING TENNIS FACTS**  
**(reprinted from [Tenniscanada.com/news](http://Tenniscanada.com/news))**

- On the total polar opposite spectrum of Isner-Mahut (longest match in history – 11 hours/10 minutes in 2010), the *shortest* Grand Slam final ever took place in 1988 when Steffi Graf took Natalia Zvereva to the woodshed in a 6-0, 6-0 win to defend her title in just 34 minutes.
- However, almost 100 years ago, the shortest Tennis match happened in 1922 during the Wimbledon Final between Suzanne Lenglen and Molla Mallory. Both strong players in their own right, the game ended after just 23 minutes when Lenglen beat out Mallory after the former took two games!
- Tennis was initially played with your hands. It was called “jeu de paume” (game of the palm) and people’s hands were presumably worn and red until the 16<sup>th</sup> century when racquets came into use.